

Where It's At	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Beach Club	Try our Sunrise Breakfast - open daily from 6am... Coffee is on!					Sangria 300K++ full pitcher All Day Burger & Beers 150K ++	Pizza & Beers 200K ++ Bloody Mary Day 125K ++ All Day
	Beach Club Happy Hour 4-5pm daily - Buy 1 get 1 free!						
	Check the board for special			Toba Quarter Band 6pm - 9pm		Pool side live DJ 1pm - 5pm	Live DJ @1-5pm Toba Quarter Band 6pm - 9pm
Komune Kids	08.00am – 12.00pm Marble Race, Fun Painting, Fun Card	08.00am – 12.00pm Bead Decoration, Balinese Offering & Dress Up	08.00am – 12.00pm Indonesian Language, Origami, Riddle	08.00am – 12.00pm Rice Decoration, Bead Decoration, Art & Craft	08.00am – 12.00pm Origami, Fun Playdoh, Drawing	08.00am – 12.00pm Art & Craft, Fun Recycling, Riddle	08.00am – 12.00pm Rice Decoration, Art Painting, Fun Card
	13.00pm – 17.00pm Mask Decoration, Fun Coloring, Rice Decoration	13.00pm – 17.00pm Drawing, Fun Playdoh, Face Painting	13.00pm – 17.00pm Mask Decoration, Fun Recycling, Treasure Hunt	13.00pm – 17.00pm Fun Coloring, Fun Painting, Marble Race	13.00pm – 17.00pm Mask Decoration, Balinese Offering & Dress Up	13.00pm – 17.00pm Bead Decoration, Fun Coloring, Face Painting	13.00pm – 17.00pm Fun Playdoh, Drawing, Treasure Hunt
	Free nightly kids movie on lawn @6.30pm (so you can eat in peace?)						
Fitness Classes at GYM or muscle beach check front desk	08.00am – 09.00am Cardio AMRAP	08.00am – 09.00am Booty Build	08.00am – 09.00am Cardio You Go: I Go	08.00am – 09.00am Unilateral	08.00am – 09.00am Cardio (For Time)	08.00am – 09.00am HIIT Cardio Boxing	08.00am – 09.00am HIIT Class 40:20
	09.30am – 10.30am Strength Upper	09.30am – 10.30am Cardio EMOM	09.30am – 10.30am Total Body Strength	09.30am – 10.30am Cardio (HIIT)	09.30am – 10.30am Total Body Build	09.30am – 10.30am HIIT Cardio Circuit	09.30am – 10.30am Cardio Circuit (HIIT)
Yoga Classes Check blackboard or ask front desk for locations	07.30am – 08.30am Gentle Yoga with Props	07.30am – 08.30am Gentle Flow	07.30am – 08.30am Yin Yang	07.30am – 08.30am Hatha Flow with Props	07.30am – 08.30am Yin Yang	07.30am – 08.30am Vinyasa	07.30am – 08.30am Vinyasa
	09.00am – 10.00am Dynamic Flow	09.00am – 10.00am Vinyasa	09.00am – 10.00am Hatha Flow	09.00am – 10.00am Dynamic Flow	09.00am – 10.00am Vinyasa	09.00am – 10.00am Intro to Ashtanga	09.00am – 10.00am Intro to Ashtanga
Pilates Class at Pilates studio or check front desk	07.00am - 07.50am Beginner	07.00am - 07.50am Beginner	07.00am - 07.50am Beginner	07.00am - 07.50am Beginner	07.00am - 07.50am Beginner	07.00am - 07.50am Beginner	07.00am - 07.50am Beginner
	08.00am - 08.50am Intermediate	08.00am - 08.50am Intermediate	08.00am - 08.50am Intermediate	08.00am - 08.50am Intermediate	08.00am - 08.50am Intermediate	08.00am - 08.50am Intermediate	08.00am - 08.50am Intermediate
	09.00am - 09.50am Advance	09.00am - 09.50am Advance	09.00am - 09.50am Advance	09.00am - 09.50am Advance	09.00am - 09.50am Advance	09.00am - 09.50am Advance	09.00am - 09.50am Advance
Recovery Center	Komune Recovery Hour: Join any Yoga, Pilates, or Fitness class and enjoy recovery center 50% discounts from 10 AM to 12 PM for cold plunge, hot plunge, and sauna.						

HOTEL KOMUNE

1. Entry Road
2. Reception/Lobby
3. Conference Room
4. Carpark
5. Staff Office/Housekeeping
6. Security/ATM
7. Resort Rooms/Komune Family Suites
8. Komune Kids Park & Skate Bowl
9. Pilates Studio
10. Market Garden
11. Komune Boutique/Spa Reception
12. Hair & Nail Salon
13. Health Hub Lap Pool 25m
14. Health Hub Yoga Shala
15. The Bunker
16. Health Hub Restaurant & Juice Bar
17. Health Hub Gym
18. Recovery Centre
19. Muscle Beach
20. Village Green
21. Village Green Meditation Deck
22. Jungle Shala 1 & 2
23. Village Green Toilets
24. Beachfront Pool Suites
25. Beachside Pool Villas
26. Coconut Lawn
27. Beach Club Upper Deck
28. Beachfront Shala
29. Beach Club Warung
30. Beach Club Pool
31. Beach Club Restaurant
32. Beach Club Meditation Deck
33. Beach Club Lower Deck Lawn
34. Beach Club Kitchen
35. Wedding Lawn

