

MINUM



BOOSTER SHOTS 35

IMMUNE BOOSTER

GINGER, GREEN APPLE, LEMON

This natural remedy to boost your immunity and stop a cold in its tracks !

GUT SHOT

AVC, PINEAPPLE, GINGER, TURMERIC, SEA SALT & CINNAMON

Vitamin B & C, Cleansing entire digestive system, boosting the absorption of minerals from foods we eat.

THE HEALER

MORINGA LEAF, GREEN APPLE, TURMERIC, LEMON

Rich in Vitamins, to protect the liver helps against damage caused by anti-tubercular drugs, prevents cancer in treating depression, anxiety and fatigue.

ABCG

APPLE, BEETROOT, CARROT, GINGER

This Shot is also incredibly healthy with Vitamins A, K and beta carotene from carrots, vitamin C and polyphenols from apples, antioxidants and folate from beets, with anti-inflammatory benefits

RECOVERY

ACTIVATED CHARCOAL, LEMON & GINGER

This shot may be useful in binding toxins and wastes for removal. Activated charcoal has a long history of being used in hospitals to treat food poisoning. It helps adsorb (soak up) toxins and may help reduce re-absorption of wastes. Alkalisng, anti-bacterial and cleansing

FRESH SHOT

WHEATGRASS, GINGER, MINT LEAVES

Naturally alkalisng, rich source of chlorophyl and 17 amino acid, rich source in vitamin A, B-complex, C, E and K

MORNING STARTER

LOCAL CELERY, APPLE, GINGER

Reduce inflammation, antioxidant, good for your liver, help flush toxins from your body,

HOT SHOT

LEMON, GINGER, CAYENNE PEPPER

Reduce Inflammation, Swelling, And Pain, Contributing To Its Anti-inflammatory Properties, Vitamin-C

WHEATGRASS

PURE WHEATGRASS JUICE

Vitamins A, C, E, iron, magnesium, calcium, and chlorophyll, These antioxidants protect against cellular damage and reduce oxidative stress on the body.

GINGER

PURE GINGER JUICE

antioxidants, compounds that prevent stress and damage to your body's DNA.

TURMERIC

PURE TURMERIC JUICE

Anti-oxidative and has anti-inflammatory properties

GO ON, MAKE YOUR OWN ???

COLD PRESSED R2D JUICES

HEALTHY GREEN

Cucumber, Coconut Water, Spinach, Kale, Green Apple, Ginger

65

BEET ME UP

Beetroot, Apple, Ginger, Lemon

65

KOMUNE JUICE 60

CLEANSING JUICE

Cucumber, green apple, mint leaves and lime juice

GREEN GOODNESS

Apple, honeydew, spinach, local celery

ANTI - INFLAMMATION

Pineapple, turmeric, orange, lime juice and cinnamon powder

DIGESTIVE SCREW

Pineapple, papaya, ginger

STAY YOUNG

Carrot, pineapple, apple and turmeric

REFRESHING TROPICAL

Mango, guava, passion fruit

EASTERN SUNRISE

Carrot, apple, ginger

ENERGY BOOSTER

Carrot, spinach, cucumber, guava, lime

C - BOOSTER

Mango, orange, lime

ROOT MIXTURE

Beetroot, pineapple, lemon

WHEAT GRASS BOOSTER

Wheat grass, apple, lime, kintamani orange

GREEN MONKEY

Pineapple, orange, lime, mint

LIVER DETOX

Beetroot, celery, carrot, green apple, ginger.

ALCHELIZING JUICES

Cucumber, spinach, bok choy, apple, parsley, kale leaves, lemon.

BIG GREEN

Cucumber, Coconut Water, Spinach, Kale, Green Apple, Ginger

BEET ME UP

Beetroot, Apple, Ginger, Lemon

MOCKTAILS

ANANAS COLADA

Pineapple, coconut milk, pineapple juice

60

COOL MOJITO

Fresh mint, lime juice, Balinese honey, soda water

60

FROZEN DAIQUIRI

Strawberry/mango, fresh lemon juice, Balinese honey

60

KOMBUCHI

APPLE BEETROOT

Sparkling Green tea, Apple, Beetroot,

60

GUAVA

Sparkling Green tea, Pink Guava

60

ORANGE

Sparkling Green tea, Orange

60

GINGER

Sparkling Green tea, Ginger

60

ORIGINAL

Sparkling Green tea,

60

TURMERIC

Sparkling Green tea, Turmeric

60

ALL PRICES ARE IN RUPIAH (000) AND ARE SUBJECT TO 11% VAT AND A 10% SERVICE CHARGE

HEALTH & DETOX

THE ALKALIZER

Cucumber, Spinach, Kale, Boy Choy, Apple, lemon. Packed with vitamins and antioxidants, this juice will leave your body detoxified and full of natural energy.

ALOE VERA BELLY

Fresh cut aloe vera from the garden, lemon, cucumber, ginger, and honey.

Healing to the digestive system, supports weight loss and detoxification and alkalizes

AYURVEDA OJAS BUILDER

Dates, almonds, cardamom, cinnamon, ginger blended with your choice of milk and served warm.

Try as a coffee substitute!

Traditional Ayurvedic recipe to build ojas, Ojas in Ayurvedais the essence of our vitality, immunity and mental wellbeing.

LIMA RASA KUNYIT ASAM

Herbal remedies made with turmeric, ginger, tamarind, betel leaf, lime and pepper. Anti inflammatory, immune boosting, digestive tonic, cancer fighting powerful punch.

JAMU WITH YOU

BALI TURMERIC

Turmeric, Ginger, Honey Lime

BALI GINGER

Spicy ginger, Hibiscus, Beetroot

BALI GUAVA

Pink guava, lime juice, turmeric

HERBAL INFUSION

GOLDEN MILK

A traditional Ayurvedic recipe used as an anti inflammatory, relieves digestive issues, detoxifies, boosts immunity, and aids sleep Choice of milk heated with turmeric, and a dash of cinnamon, cardamom and nutmeg

TRADITIONAL HOMEMADE CHAI LATTE

A powerful blend of herbs, spices and tea, chai has been used for centuries in India to improve digestion, enhance immunity and fighting inflammation. ginger, black pepper, cinnamon, cardamom

RAW COCONUT HOT CHOCOLATE

Proven to have the highest amount of antioxidants from any food source, raw cacao is also abundant in magnesium and other phytochemical the balance blood pressure, lower cholesterol, and scrape away plaque in arteries and proves to have immense benefits to cardiovascular health fresh raw local cacao steamed with your choice of milk and sweetener on the side

WATER & SOFT DRINKS

BALIAN NATURAL WATER 330ML

BALIAN SPARKLING WATER 330ML

COKE / DIET COKE / COKE ZERO / SPRITE

SODA WATER / TONIK WATER

GINGER ALE

RED BULL

HENRI'S GINGER BEER

COCONUT TONIC

COCOPRESSO

Fresh Cococnut with shot Espresso

ISOTONIC

Fresh Coconut with jamu

PURE HYDRATIO

Fresh Coconut with watermelon

FRESH YOUNG COCONUT

60

60

60

55

55

55

55

50

50

40

25

30

30

30

30

50

65

70

70

70

50

SMOTHIES 75

DIRTY MONKEY

Banana, Peanut Butter, Cinnamon, Milk, Yoghurt, Balinese honey

DOUBLE BERRY MUESLI

Mix Berries, Muesli, Milk, Yoghurt, Balinese honey

MORNING BOOSTER

Strwberry, Banana, Milk, Yoghurt, Balinese honey

KALE BOOSTER

Kale, Pineapple Yoghurt, Almond Milk, Balinese Honey

ORANGE MINT

Balinese Orange, Mint Leaves Milk, Yoghurt, Balinese Honey

MANGONITAS

Mango, Passionfruit, Milk, Yoghurt, Balinese honey

MORINGA

Moringa Leaf, Banana, Milk, Yoghurt, Balinese honey

GREEN DAY

Moringa Leaf, Spinach, Avocado, Broccoli, Milk, Yoghurt, Balinese honey

ACAI

Acai, Banana, Strawberry, Coconut milk and Balinese honey

ADD PROTEIN

30

PROTEIN

VANILLA/CHOCOLATE WHEY, ICE WATER

45

VEGAN, ICE WATER

45

UPGRADE YOUR MIXER TO:

10

ALMOND / COCONUT / SOY / OAT

COFFEE AND TEA

ESPRESSO

25

DOUBE ESPRESSO

30

LONG BLACK

30

AMERICANO

30

MACCHIATO

25

FLAT WHITE

35

CAPPUCINO

35

CAFÉ LATTE

35

BREW ME ENGLISH BREAKFAST

30

BREW ME ORIENTAL GREEN TEA

30

BREW ME EARL GREY

30

BREW ME TROPICAL MANGO

30

BREW ME LEMONGRASS

30

BREW ME CHAMOMILE

30

BREW ME MINT BREEZE

30

MATCHA LATTE

30

YOUR CHOICE OF MILK

OAT

10

SOY

10

COCONUT

10

ALMOND

10

FAT COW

SKINNY COW

ELEPHANT HEHEHEHE!!!

KOMUNE REFRESHING

ICE TEA

LYCHEE ICE TEA

40

Black tea infusion with fresh lychee & lychee bryne Served over ice.

BERRIES VANILLA ICE TEA

40

Black tea infusion with fresh strawberry, blueberry, vanilla