

HEALTH HUB DINNER MENU

HEALTH KEY

(V) VEGETARIAN | (P) PROTEIN RICH | (PS) PESCATARIAN | (GF) GLUTEN FREE | (DF) DAIRY FREE | (E) EXCELLENT

GARDEN HARVEST

EDAMAME (V)Organic green soy beans steamed / sprinkled with
Kusamba sea salt
45**VIETNAMESE RICE PAPER ROLLS (V)**Bean sprouts / cucumber / spring onion / vermicelli / organic mint /
cilantro 40 wrapped in rice paper / homemade sweet spicy dipping
sauce
45**GADO-GADO**Mixed organic garden vegetables / bean curd / free range egg / fresh
homemade spicy peanut sauce
55**TOMATO AND MOZZARELLA (V)**Fresh plum tomatoes / local mozzarella / homemade basil pesto
75**BEETROOT COCONUT GINGER SOUP (V)**Oven roasted beetroot / fresh organic ginger / local harvest coconut
juice / sprout medley topping
65**STUFFED SWEET POTATO (V) (GF)**Organic sweet potatoe roasted / fresh garden kale / ginger / lemon zest
/activated seed sprinkle / cashew
cheese garlic parsley dressing
65**RAW BALI SALAD (V) (GF)**Snake green beans / bean sprouts / shallot / lemon juice / chilli /
peanuts
65**TEMPEH CURRY (GF) (DF) (P)**Mixed Tofu / Tempe / braised turmeric curry sauce
65**ZUCCHINI PASTA (GF) (P) (V)**Raw zucchini / carrot cut in pasta style / home-grown rucolla / cashew
nut cheese / organic basil pesto
80**STEAMING MISO SOUP (V)**Japanese Miso broth / tofu / ocean greens / seaweed
65**VEGETABLE LAWAR (V) (GF) (DF)**Balinese mixed vegetables / grated local coconut / fresh spices
65
with satay organic tofu (P)
75

TAHU GEJROT (P) (PS)

Organic tofu / fresh bean sprout / organic lemon grass / peanut sauce
65

ORANGE CASHEW RICE (V)

Basmati rice / orange zest / local cashews / yellow and red capsicum /
mandarin oranges segments / zucchini /
organic garden mint
80

PUMPKIN AND SPINACH RAVIOLI (V) (E)

Freshly filled / roasted pumpkin / local spinach / cold pressed olive oil
and organic pesto sauce
80

MACRO BOWL (V) (P)

Organic local Brown rice / steamed seasonal vegetables / sea
vegetables / marinated grilled tofu / tempeh /
grated carrot / beetroot / jicama / mound of mixed sprouts /
avocado / roasted pumpkin / sesame seed sprinkle /
lemon tahini dressed
85
with quinoa (no rice) (P)
90

RUCCOLLA AND APPLE SALAD (GF) (P)

Fuji apples/ fennel / shallot / organic garden rocket / parsley /
walnuts / sherry dressing / grated Italian parmesan
80

WARM VEGAN LASAGNE (GF) (P)

Homemade mung bean pasta sheets / fresh roasted
vegetables / marinara sauce / cashew cheese dressing
95

CHICKEN TAMARIND VEGETABLES (P)

Organic chicken fillet / baby bok choy / carrot / red capsicum /
daikon chili tamarind dressing / red rice
135

WOOD FIRED OVEN

CHEESE AND GARLIC FLATBREAD (E)

Fresh rolled flour dough / mozzarella cheese /
cheddar cheese / garlic / Kasumba rock salt
60

PUMPKIN FLATBREAD (V)

Bed of organic basil pesto / crispy roasted pumpkin /
organic rocket / pinenuts / low fat feta
95

VEGETARIAN FLATBREAD (V)

Fresh organic tomato Napoli sauce base / organic grilled
aubergine / zucchini pasta strips / walnuts / low fat feta
95

OCEAN

VIETNAMESE RICE PAPER ROLLS (P) (PS)

Bean sprouts / cucumber / spring onion / vermicelli / organic mint and cilantro / fresh king prawn / wrapped in rice paper / homemade sweet spicy dipping sauce
85

HOMEMADE FISH CAKES (P) (PS)

Ocean fish minced / fresh herbs and spices / roasted organic vegetable salad / cashew dressing / Tempe fries
95

QUINOA SALAD (GF) (DF) (P)

Organic quinoa / mixed seeds / organic garden rocket / wild bush honey dressing / white snapper
135

PRAWN MANGO SALSA (P) (PS)

Grilled sea prawn / baby organic grown rocket / cashew nut and macadamia dressing / lemon grass infused zesty lime dressing / organic quinoa
145

IKAN BETUTU (P) (PS)

Fresh white fish fillet / Balinese spicy root vegetable marinade / brown rice
145

SESAME TUNA (P) (PS)

Sashimi grade tuna fillet / nicoise salad / olives / green beans / soft boiled egg / potato / vine ripened tomato fresh herbs / homemade mustard dressing
145

PADDOCK 2 LEGS & 4 LEGS

BALINESE LAWAR (GF) (DF)

Balinese mixed vegetables / grated local coconut / long green beans / fresh spices / grill free range chicken
105

ROAST VEGETABLE SALAD (GF) (DF) (P)

Roasted beetroot / organic grown pumpkin / sweet potato/ vine ripened tomato / jicama / zucchini / onion organic garden rocket / pumpkin seeds / light mustard dressing
115

VIETNAMESE SALAD (P)

Crunchy julienned vegetables / cabbage / carrot / shallots / bean sprouts / rice noodles / mint / cilantro / peanuts / sweet spicy lime dressing / free range grilled chicken breast
115

CRUSTED FREE RANGE EYE FILLET (P)

Flame Grilled petite eye fillet / pistachio nut crust / wilted coconut spinach / harissa spiced quinoa bean sprout medley
225

GRILLED CHICKEN (P)

Organic free range chicken breast / rocket / organic quinoa salad / rustic grilled potato / ketchup manis dressing
135

FINISHER

CASHEW CHEESE CAKE (V) (GF)

Blended cashew nut / local mango / fresh coconut water /
coconut oil / cut to bite squares
45

ALMOND DATE CAKE (V) (GF)

Chopped fresh almond / imported dates /
grated toasted local coconut gratings
45

SWEET POTATOE KLEPON (V)

Organic Balinese purple sweet potatoe / local palm sugar filled
40

COCONUT CREPES (E)

Light fluffy crêpes / grated coconut / mango gelato
50

FRUIT PLATTER (V)

Selection of fresh local fruits
40

WATERMELON PIZZA (V)

Full round slice organic watermelon / mixed seasonal tropical fruit
pieces / fresh homemade jam topping
45



*Unsure? Ask our friendly
staff for advice!*

